

Aldo Lunch Menu - September 2022

Indications: *******: Vegetarian Option Available, **>GF**: Gluten Free Option Available, **>DF**: Dairy Free Option Available

Milk Served Daily

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
			1 Chili Cornbread (Gluten & Dairy) Chef's Salad Fruit *** >GF >DF	2 No Lunch
5 Labor Day No School	6 Chicken Parmesan (Dairy) Buttered Noodles (Gluten, Tossed in Roasted Seasonal Vegetables Garden Salad Fruit ***= Eggplant Parm (Dairy & Gluten) >GF >DF	7 Pulled Pork Tacos Pickled Red Onions Black Beans Coleslaw Fruit *** >GF >DF	8 Cheese or Pepperoni Pizza (Gluten & Antipasto Tray Breadstick (Gluten, Brushed w/ Butter) Caesar Salad (Dairy) Fruit *** >GF >DF	9 No Lunch
12 Burger on a Bun (Bun - Gluten) French Fries Green Salad Lettuce, Tomato, & Onion Fruit *** >GF >DF	13 Chicken Fajitas (Flour Tortillas - Gluten) Pinto Beans Fire Roasted Corn Chopped Veggie Salad Fruit *** >GF >DF	14 Stuffed Baked Potato (Dairy) Baked Beans WG Bread (Gluten) Coleslaw Fruit *** >GF >DF	15 Baked Ziti (Gluten & Dairy) Steamed Carrots WG Roll (Gluten, Brushed w/ Butter) Garden Salad Fruit *** >GF >DF	16 No Lunch
19 Club Sandwich (Sliced Cheese, Bread - Fries Garden Salad Fruit *** >GF >DF	20 Chicken Noodle Soup (Noodles - Gluten) Lentil Salad Cheesy Bread (Gluten & Dairy) Veggies & Ranch (Ranch contains Dairy) Fruit *** >GF >DF	21 Meatballs & Rice (Gluten & Dairy in Roasted Seasonal Vegetables Chef's Salad Fruit *** >GF >DF	22 Cheese or Pepperoni Pizza (Gluten & Antipasto Tray Breadstick (Gluten, Brushed w/ Butter) Caesar Salad (Dairy) Fruit *** >GF >DF	23 No Lunch
26 Grilled Cheese Sandwich (Gluten & Dairy) Tomato Soup (Gluten & Dairy) Mixed Salad Fruit *** >GF >DF	27 Eggrolls (Gluten) Steamed Rice Stir Fried Veggies Edamame Fruit *** >GF >DF	28 Turkey Sub Sandwich (Gluten & Dairy) Sweet Potato Waffle Fries Veggies & Ranch (Ranch contains Green Salad Fruit *** >GF >DF	29 Chicken Drumsticks Mashed Potatoes (Dairy) WG Roll (Gluten, Brushed w/ Butter) Chef's Salad Fruit *** >GF >DF	30 No Lunch

This institution is an equal opportunity provider.