

## Resources for New Mexico Families

### 2-1-1 (sponsored by United Way)

- Webpage: <https://www.211.org/services/essential-needs>
- Connect to available resources from food to housing to childcare and more.

### The low-Income Home Energy Assistance Program (LIHEAP)

- Helps families pay heating and cooling bills
- If at least one family member living in the home qualifies for LIHEAP, the immigration status of other household members is not considered
- Apply at: [www.yes.state.nm.us](http://www.yes.state.nm.us)
- Additional Utility Assistance
  - Call your utility provider
  - Call the state's coronavirus hotline: 1-833-551-0518

### Cell phone and internet

- To turn back on internet or cell phone service call the state's coronavirus hotline: 1-833-551-0518

### Questions or help with an eviction case

- NM Legal Aid: 505-633-6694
- NM Center on Law and Poverty: 505-255-2840
- Albuquerque Consumer Financial Protection Initiative: [Information Sheet on Supreme Court Order on Evictions and What Tenants Need to Know and Do to Protect Themselves if Unable to Pay Rent.](#) May provide useful guidance for families living in and outside of ABQ.

### Healthcare

- You can also [find a nearby Health Center here](#) that offers services on a sliding scale according to your ability to pay

### US Census Information

- <https://nmcounts2020.org/>
- Accurate census data ensures everyone in the community gets their fair share of resources and has a political voice. The most vulnerable for an undercount are children under 5, foreign-born residents, Pueblos, Tribes and Nations, Hispanics
- Census stated that they will end collection prematurely (by Sept. 30,2020)

### Social-Emotional Learning Resources

- <http://neatoday.org/2020/04/15/social-emotional-learning-during-covid/>
- **Yale Center for Emotional Intelligence** – [Managing Anxiety Around COVID-19: Tips for You and Your School Community](#)
- **CASEL Cares** – [A new initiative from the Collaborative for Academic, Social and Emotional Learning](#) that connects the SEL community with experts to support schools and teachers during the COVID-19 crisis.
- **Social-Emotional Learning: Not Just for Kids.** [In this post on The Cult of Pedagogy](#), Wendy Turner explains how she models the five core SEL competencies in her classroom and why teachers should lead by example.