

## Aldo Lunch Menu - October 2022

Indications: **\*\*\***: Vegetarian Option Available, **>GF**: Gluten Free Option Available, **>DF**: Dairy Free Option Available

Milk Served Daily

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>3</b> Spaghetti Bolognese Garlic Bread Roasted Carrots Caesar Salad Fruit <p style="text-align: right;">*** &gt;GF &gt;DF</p>	<b>4</b> Pulled Pork Tacos Pinto Beans Calabacitas Shredded Veggie Salad Fruit <p style="text-align: right;">*** &gt;GF &gt;DF</p>	<b>5</b> Ham & Cheese Melt Fries Chef's Salad Fruit <p style="text-align: right;">*** &gt;GF &gt;DF</p>	<b>6</b> Chicken Melt Garden Salad Fruit <p style="text-align: right;">*** &gt;GF &gt;DF</p>	<b>7</b>  <p style="color: #FF8C00; font-weight: bold;">No Lunch</p>
<p style="font-size: 1.2em;">Fall Break</p>	<p style="font-size: 1.2em;">No School</p>	<p style="font-size: 1.2em;">Fall Break</p>	<p style="font-size: 1.2em;">No School</p>	<p style="font-size: 1.2em;">Fall Break</p>
<b>17</b>  <p style="color: #FF8C00; font-weight: bold;">Inservice Day No School</p>	<b>18</b> Chicken Tacos Black Beans Chopped Veggie Salad <p style="text-align: right;">*** &gt;GF &gt;DF</p>	<b>19</b> BBQ Pulled Pork Sandwich Pickled Red Onions Coleslaw Fruit <p style="text-align: right;">*** &gt;GF &gt;DF</p>	<b>20</b> Burger Fries Lettuce, Tomato, Onion, & Pickles Green Salad Fruit <p style="text-align: right;">*** &gt;GF &gt;DF</p>	<b>21</b>  <p style="color: #FF8C00; font-weight: bold;">No Lunch</p>
<b>24</b> Chicken Parmesan Buttered Noodles Roasted Seasonal Vegetables Garden Salad Fruit <p style="text-align: right;">*** &gt;GF &gt;DF</p>	<b>25</b> Ham Sandwich Fries Green Salad Fruit <p style="text-align: right;">*** &gt;GF &gt;DF</p>	<b>26</b> Chicken Fajitas Pinto Beans Fire Roasted Corn and Peppers Mixed Salad Fruit <p style="text-align: right;">*** &gt;GF &gt;DF</p>	<b>27</b> Hotdog on a Bun Macaroni & Cheese Chef's Salad Fruit <p style="text-align: right;">*** &gt;GF &gt;DF</p>	<b>28</b>  <p style="color: #FF8C00; font-weight: bold;">No Lunch</p>
<b>31</b> Green Chile Chicken Enchiladas Spanish Rice Mixed Salad Fruit <p style="text-align: right;">*** &gt;GF &gt;DF</p>				

This institution is an equal opportunity provider.