Aldo Lunch Menu - November 2023

Indications: ***: Vegetarian Option Available, >GF: Gluten Free Option Available, >DF: Dairy Free Option Available

Milk Served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pulled Pork Tacos Pinto Beans Shredded Veggie Salad Fruit	2 Meatballs & Rice Roasted Seasonal Vegetables Chef's Salad Fruit	3 No Lunch
6	7	*** >GF >DF	*** >GF >DF	10
• Ham & Cheese Sandwich Sandwich Fixings French Fries Chef's Salad Fruit **** >GF >DF	Ground Beef Tacos Spanish Rice Mixed Salad Fruit	Chicken Alfredo Roasted Zucchini Caesar Salad Fruit	Green Chile Chicken Stew Tortilla Pinto Beans Green Salad Fruit	No Lunch
13	*** >GF >DF	*** >GF >DF	*** >GF >DF 16	17
Stuffed Baked Potato Chili Beans	Chicken Fajitas Spanish Rice	Baked Ziti Roasted Vegetables	Roast Turkey Mashed Potatoes	17
WG Bread	Fire Roasted Onion, Peppers, and Co		Whole Grain Roll	No Lunch
Coleslaw	Chopped Veggie Salad	Fruit	Green Beans	NO EUROP
Fruit	Fruit	i fuit	Fruit	
*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF	
20	21	22	23	24
Chicken Parmesan Buttered Noodles	BBQ Pulled Pork Sandwich Pickles			
Roasted Broccoli Caesar Salad Fruit *** >GF >DF	Fries Coleslaw Fruit *** >GF >DF	No School		No School
27	28	29	30	
–- Hamburger	Chicken Tacos	Chili	Chicken Noodle Soup	
French Fries	Black Beans	Green Beans	Cheesy Bread	
Lettuce, Tomato, Pickle, Onion	Chopped Veggie Salad	Cornbread	Lentil Salad	
Chef's Salad	Fruit	Green Salad	Mixed Salad	
Fruit		Fruit	Fruit	
*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF	

This institution is an equal opportunity provider.