

It's All About Gratitude, Dude - November 20, 2020

Time	Activity	Materials
8:30-8:45	Check In & Attendance <i>Send an absent list to Andrea.</i> Check in about grades, expectations, etc.	
8:45 - 9:45	Discuss the meaning of gratitude and why it is important. Create Gratitude Flags (Slides) Each student makes their own slide, then adds a copy of it to a shared MS slideshow. Gratitude Flags	<u>Discussion Ideas:</u> <ul style="list-style-type: none">• Have students share definitions of gratitude.• Video - Love. Beauty. Gratitude.• The science of gratitude: How Gratitude Changes You and Your Brain Shared MS Slideshow
9:45-10:00	BREAK	
10:00 - 10:45	View Gratitude Slides & Discussion	Shared MS Slideshow
10:45- 11:00	BREAK	
11:00 - 11:30	Introduce Recipe Project Over break, students gather recipes to add to a cookbook.	Shared Aldo MS Recipe “Book” I like to eat cookbook Directions and slideshow are in materials in the all MS Google Classroom
11:30	Have a good break!	