

2. High Fitness route

-Description: Group enters wilderness at the Cliff Dwellings trailhead, proceeds to the Meadows, and comes out of the wilderness at TJ's Corral.

Approximate distance: 17 to 24 miles. Exact distance TBD by trip leader based on group composition & motivation.

- If Extreme Rain is forecast, this route stays the same because there are no significant & necessary river crossings.

i. *Trail Sequence (if dry weather):* Trail #151 to Trail #28 to Trail #157 to Trail #729 / *If wet weather, go from Meadows to Little Bear overland*

ii. *Approximate Itinerary & Campsites:*

*Night 1: Either near the intersection of Trail #729 and Trail #164 (close to water in Little Bear canyon) or -- if there has been plenty of rain & water is widely available in tributary canyons -- along Trail #164 approximately half-way between the intersections of Trail #164 with Trail#729 and Trail#164 with Trail #28

*Night 2: Intersection of Trail #157 & Trail #28

*Night 3: Intersection of Trail #28 and Trail #151.

-The group leader will decide the exact campsites from this list of options & inform the trip coordinator.

4. Mid-Fitness Route:

-Description: Group enters wilderness at TJ's corral trailhead and goes (a) out at The Visitor Center if low water levels and no chance of rain, OR (b) out and back, with a day hike to Jordan warm spring. *Approximate distance: 8 to 11 miles*

i. Trail 729 to 157 (downstream)

ii. *Approximate Itinerary & Campsites:*

*Night 1: convergence of Trail #729 with Trail #157

*Night 2: same as night #1

*Night 3: convergence of Trails #157 & #27, if option (a) was chosen & approved by trip coordinator (see 'description').

5. **Mid-Fitness Routes in the Middle Fork & West Fork watersheds:**

A-Description: Group enters wilderness at the Visitors Center and goes out at the Visitors Center, with optional day hikes toward White Rocks on trail or toward Little Bear canyon upstream on Middle Fork (trail 157). The group leader will decide & inform the trip coordinator each day.

-Approximate distance: 4 to 5 miles

i. *Trail Sequence:* Out & back on trail 157 on the Middle Fork, in and out at trailhead near the Visitors Center

ii. *Approximate Itinerary & Campsites:*

*Nights 1, 2 & 3: basecamp at intersection of trail 157 and trail to White Rocks

**Note: If heavy rain and trail 157 floods, group will go out of wilderness at the service corral near Visitors Center (eg. the group leader has been briefed on this route & is familiar with it).

B-Upstream along West Fork: Starting at the Cliff Dwellings earlier than group 5A

i. *Trail Sequence:* Trail 151 out and back, with day hikes on trail 28 and up EE canyon

ii. *Approximate Itinerary & Campsites:* Nights 1, 2 & 3: basecamp on southside of west fork across from the intersection of trail 151 & trail 28 (approx); if dry forecast, can camp further upstream

8. **Mid Fitness Route**

-Description: Group enters wilderness at Alum trailhead, and proceeds downriver if no chance of heavy rain, and out at Alum Canyon.

- *Approximate distance: 7 to 10 miles*

- If Extreme Rain hits, this route stays on south side of river & goes out at Alum trailhead.

i. *Trail Sequence*: Trail #788 (Alum Trail) -- with the option to explore on Trail #724 & downstream on the Gila river if there is no heavy rain.

ii. *Approximate Itinerary & Campsites*:

*Night 1, 2 & 3: convergence of #724 and #788 (near Alum Camp)