



# Weekly Update

## August 21, 2017

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<http://www.aldocs.org/> and [Facebook](#)

### News for all

#### In the Midwest they call it dinner

Lunch service began today at the school. If you checked off some boxes on the bright pink lunch menu sheet that went home last week your child will eat lunch at school this week. If not, please send them to school with a sack lunch. If you haven't already done it, please fill out the white free and reduced lunch form that came home with that bright pink menu. Even if you think you don't qualify or even if your child is not planning to eat lunch served by the school, we need you to fill out this form. In this case, all you do is put your name at the top and write, "Do not qualify" in step 3.

#### This week's lunch menu

Monday: Turkey or cheese wraps, sweet potato fries, garden salad, and fruit

Tuesday: Spaghetti & meatballs, garlic bread, steamed carrots, mixed salad, fruit

Wednesday: (**HIGH SCHOOL ONLY**) Turkey sausage, oven-roasted potatoes, whole-grain organic bread, green salad

Thursday: Veggie enchiladas, steamed rice, chopped veggie salad, fruit

Friday: (**MIDDLE SCHOOL ONLY**) Club sandwich, corn on the cob, chef's salad, fruit

### **Next week's lunch menu:**

Monday 8/28: Cheese or pepperoni pizza, antipasti tray, Caesar salad, fruit

Tuesday 8/29: Tomato soup, Grilled cheese, Steamed broccoli, salad, fruit

Wednesday 8/30: **(High School only)** Oven-roasted chicken, buttered noodles

Steamed veggies, chef salad, fruit

**(The Middle School will be at Camp Thunderbird Thursday and Friday, so do not order a lunch for your middle schooler on those days)**

Thursday: Cheese quesadilla, black beans, shredded veggie salad, fruit

### **Keeping the lines of communication open**

So that you can receive texts from the school you must text our school code number, 67587 with the message "yes". After you do this, you will receive messages about school closings, events, and reminders about forms the school needs, for instance.

## **High School**

### **Open your eyes and look around**

Pete, Kristin and Orien will be heading into the greater Silver City community once again with all the 9th graders and any other students new to the High School every Friday. The purpose of Community Orientation is to introduce students to the people and places that make our community tick, and in a broader sense to give students a new perspective on how they can be contributing members of the communities they will belong to throughout their lives. Ask your student for the letter that went home on Friday to get all the information that they got.

### **Your comfort zone is about to get bigger!**

This high school will soon re-wild with the annual backpacking trips. **The 9<sup>th</sup> and 12<sup>th</sup> graders' trip is Monday September 11-Thursday September 14. The 10<sup>th</sup> and 11<sup>th</sup> graders will leave Monday September 25 and return Thursday September 28<sup>th</sup>. Departure is at 8am for all grades, return will be around 3:30.**

There is an optional **parent meeting from 5-6pm on Wednesday, August 30** in the front lobby or in Pete's room. Please, be sure that the school has up to date medical information for your hiker. This is really important. A letter with lots of important details was sent out electronically last week to all parents who have an

email address on file. If you didn't receive this, click [here](#). Or ask Cathie in the office for a hard copy.

## **Middle School**

### **Tiny houses, small towns, elfville...**

The Middle School spent the week making mini villages. This is how we have started the school year since the Middle School began 5 years ago. We worked on the land behind Ben Altamirano field all week creating villages, civilizations, communities, economic systems, religions, histories, alliances, food systems, and observatories. This small group work will be something we refer to all year as we work in our classrooms and out in the field. Learning to communicate, to think creatively, to collaborate and be proactive, are skills that will set our students up for success here at Aldo and beyond.

### **Wednesdays will never be the same**

In the Middle School, Wednesday is the day every week when we will get out from behind our desks and out of the building to learn from what we do. Your child will need to be prepared to be outside, so the **BIG 5 is essential:**

**wide brimmed hat, a healthy lunch, JOURNAL AND PENCIL, two water bottles, and appropriate clothes and shoes.**

This week we will be spending the day on **San Vicente creek** learning necessary Wednesday skills: What to bring, a little 1<sup>st</sup> aid, the purpose of Wednesdays, journaling, trail etiquette and how to take care of the 3Ps when you don't have a bathroom (can you guess what the 3Ps are?). It is mighty important that if your child's medical form says they need an inhaler, they bring it with them on this day. If this is old information, please contact Jim McIntosh, our school nurse, to update your child's medical form.

### **The Beach Boys knew what they were singing about**

Our annual overnight to Camp Thunderbird is on! We will leave the school on **Thursday August 31** and return by the end of the school day **Friday September 1**. As we finalize plans we will be sending home packing list, permission slips and agendas. We know that for some of our students this is their first time away from home. We are sensitive to the challenge this is for students and parents. It is a big

step and we want to assure you that your child will be well supported by the Middle School staff.