

Aldo Lunch Menu - October 2023

Indications: ***: Vegetarian Option Available, >GF: Gluten Free Option Available, >DF: Dairy Free Option Available

Milk Served Daily

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 Turkey Sandwich Lettuce, Tomato, Onion, Pickle French Fries Green Salad Fruit *** >GF >DF	3 Pulled Pork Tacos Pinto Beans Calabacitas Shredded Veggie Salad Fruit *** >GF >DF	4 Chicken Parmesan Buttered Noodles Roasted Seasonal Vegetables Garden Salad Fruit *** >GF >DF	5 GMS Kitchen Closed No Lunch	6 No Lunch
9 Ham Sandwich Baby Carrots Potato Wedges Chef's Salad Fruit *** >GF >DF	10 Chicken Fajitas Pinto Beans Fire Roasted Peppers & Corn Chopped Veggie Salad Fruit *** >GF >DF	11 Pasta Marinara & Italian Sausage Steamed Broccoli Whole Grain Garlic Bread Caesar Salad Fruit *** >GF >DF	12 Burger on a Bun French Fries Green Salad Lettuce, Tomato, Pickle & Onion Fruit *** >GF >DF	13 No Lunch
16 Fall Break	17 No School	18 Fall Break	19 No School	20 Fall Break
23 GMS Kitchen Closed No School	24 Italian Wedding Soup Cheesy Bread Roasted Potatoes Chef's Salad Fruit *** >GF >DF	25 Chicken Tacos Black Beans Calabacitas Shredded Veggie Salad Fruit *** >GF >DF	26 Pasta Bolognese Whole Grain Roll Roasted Seasonal Vegetables Caesar Salad Fruit *** >GF >DF	27 No Lunch
30 Hot Dog on a Bun Diced Tomatoes, Diced Onion, & Pasta Salad Green Salad Fruit *** >GF >DF	31 Chili Green Beans Cornbread Chef's Salad Fruit *** >GF >DF			

This institution is an equal opportunity provider.